



THE GOSPEL OF CHRIST BIBLE OUTREACH

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COVENANT RENEWAL FASTING AND PRAYER REVIVAL The Lord God of Total Freedom. DAY THREE

Pastor A.S.O Olaleye

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Text: Galatians 5:1

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

Topic: Freedom In Marriage

Freedom in marriage means having the space and independence to pursue your own interests, passions, and goals without being hindered by your partner.

It's about maintaining a sense of individuality while still being committed to building a strong and loving connection with your partner.

Being in a committed marriage doesn't mean giving up your independence.

It's possible to maintain your freedom while in love still being building a strong marriage.

Here are some ideas to help you maximize your freedom in marriage:

1. Communicate your needs and desires

Proverbs 18:21

21 "Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof"

Research suggests that communication is the key to any successful marriage. Be open and honest about your needs and desires, and listen to your partner's desires as well.

Find a way to compromise and create a healthy balance that works for both of you.

2. Schedule alone time

It's important to have time to yourself to recharge and pursue your hobbies and interests.

Make sure you schedule some alone time into your weekly or monthly discussion and prayer about your home, work children, etc.

3. Pursue your passions

Just because you're in a marriage doesn't mean you have to give up your dreams and passions.

Pursue your career goals, travel plans, or artistic endeavors, and support your partner in doing the same.



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4. Maintain friendships

Proverbs 27:9

Sweet friendships refresh the soul and awaken our hearts with joy, for good friends are like the anointing oil that yields the fragrant incense of God's presence.

Friendship is an important part of life and can provide support and a sense of belonging.

Don't neglect your friendships because you're in marriage. Make time for your friends and encourage your partner to do the same.

5. Create a shared vision

Proverbs 16:3 Commit to the LORD whatever you do, and he will establish your plans.

A strong marriage is built on a shared vision and common goals.

Talk to your partner about your long-term goals and dreams and work together to create a plan to achieve them.

6. Trust each other.

Isaiah 26:3-4

You will keep in perfect peace those whose minds are steadfast, because they trust in you. 4 Trust in the LORD forever, for the LORD, the LORD himself, is the Rock eternal."

Trust is the foundation of any healthy marriage.

Be open and honest with your partner, and trust them to do the same.

If you're feeling insecure or jealous, talk to your partner about your feelings and work together to address the issues.

7. Practice forgiveness

Matthew 6: 14-15 "For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins."

No one is perfect, and mistakes will happen in any relationship. Practice forgiveness and let go of grudges and resentments. Focus on the positive aspects of your marriage and work through any challenges together.

8. Embrace change

Deuteronomy 31:6

[6]Be strong and of courage, do not fegoodar nor be afraid of them; for the Lord your God, He is the One who goes with you. He will not leave you nor forsake you."

Life is full of changes, and your relationship will go through ups and downs.

Embrace change and be open to new experiences and opportunities. Support your partner in their personal growth and be willing to grow and change together.



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9. Set boundaries

Job 26:10. He has described a boundary on the surface of the waters, and to the confines of light and darkness.

While it's important to be open and honest with your partner, it's also important to set boundaries and communicate your needs.

If something is bothering you or making you feel uncomfortable, speak up and set clear boundaries.

10. Celebrate each other

Philippians 4:4. Rejoice in the Lord always; again I will say, rejoice. ...

Ecclesiastes 3:1-4. For everything there is a season, and a time for every matter under heaven.

Celebrate your successes and accomplishments, both big and small. Take the time to acknowledge your partner's strengths and achievements and support them in pursuing their dreams.